



LOCH LEVEN
HERITAGE TRAIL



Walk 2. Mary's Gate to Burleigh Sands

Distance : 1 km

Access : On foot from the Kirkgate (1 ¾ km) or Burleigh Sands Carpark.

Facilities : parking is available at Burleigh Sands Carpark (off the minor road) There is limited on-street parking in Sunnypark, Kinross, for those wishing to follow the Town Loop (Ury Burn footpath) 1 km, to join this walk at Mary's Gate. There are cafes and toilets in Kinross.

Circular walk : This short section of the Heritage Trail is also part of the longer Mary's Gate Route. A longer walk, The Mary's Gate Route, links Sunnypark, Burleigh Sands and Milnathort. Leaflet of complete heritage trail can be found at www.lochlevenheritagetrail.com/trailleaflet.pdf



Points of Interest

From Mary's Gate **(1)**, the trail skirts farmland, with open views north towards the Ochil Hills.



The bridge **(2)** over the North Queich is a good point to watch for trout in the clear waters. Immediately over the bridge, a spur on the Trail leads to the Kingfisher Hide **(3)** at the edge of Loch Leven.



On leaving the hide, retrace your steps to rejoin the Heritage Trail. You will pass some small wooded areas with ponds **(4)**; these wet areas are managed to improve biodiversity. Go quietly and you may see dragonflies and damselflies resting on the stems of waterplants or logs.

From the bridge over the North Queich, the Trail continues beside a large

grassy area **(5)** mown each year to encourage a wide variety of grasses and summer flowers. The pollen and nectar provide for many species of butterflies and bees photo peacock butterfly, Volunteers carry out regular surveys here.



The Trail now skirts Burleigh Sands **(6)** before turning away from the loch. In summer bright kingcups flower along the small stream here.



an introduced or alien species in Britain.

Where the Trail forks, a short branch leads to Burleigh Sands carpark **(7)** while the other branch continues around the Heritage Trail (see Walk 3).

Please remember that you are in a nature reserve while following the Heritage Trail; dogs should be on a lead or under close control at all times.